

CORRESPONDENCE



MODS Assay for the Diagnosis of TB

TO THE EDITOR: In their article on the use of microscopic-observation drug-susceptibility (MODS) culture for the diagnosis and direct detection of multidrug-resistant tuberculosis, Moore et al. (Oct. 12 issue)¹ state that MODS culture offers faster and more sensitive results than existing gold-standard methods. This study is one of the few performed in a target population with a rather simple and inexpensive method that seems to be appropriate for countries with limited resources.

However, we would like to stress that there are other options that have recently been described² and are currently under evaluation. As compared with MODS culture, the nitrate reduction assay, based on a simple procedure involving the use of Löwenstein–Jensen medium, has been tested in sputum samples with similarly good results.³ The thin-layer agar method, which is similar to MODS culture but with solid medium and standard microscopes, had better results than conventional methods when evaluated in target populations.⁴ In ongoing evaluations, the thin-layer agar method has also outperformed the reference method for detecting multidrug-resistant tuberculosis. In addition, direct colorimetric methods with redox indicators have performed very well⁵ and are under further evaluation. A disadvantage of the

MODS method remains the requirement of an inverted microscope, which is not routinely available in laboratories that perform diagnostic tests for tuberculosis.

Juan-Carlos Palomino, Ph.D.

Anandi Martin, Ph.D.

Francoise Portaels, Ph.D.

Institute of Tropical Medicine
2000 Antwerp, Belgium
jcpalomino@itg.be

1. Moore DAJ, Evans CAW, Gilman RH, et al. Microscopic-observation drug-susceptibility assay for the diagnosis of TB. *N Engl J Med* 2006;355:1539-50.

2. Palomino JC. Newer diagnostics for tuberculosis and multidrug resistant tuberculosis. *Curr Opin Pulm Med* 2006;12:172-8.

3. Musa HR, Ambroggi M, Souto A, Angeby KA. Drug susceptibility testing of *Mycobacterium tuberculosis* by a nitrate reductase assay applied directly on microscopy-positive sputum samples. *J Clin Microbiol* 2005;43:3159-61.

4. Robledo JA, Mejia GI, Morcillo N, et al. Evaluation of a rapid culture method for tuberculosis diagnosis: a Latin American multi-center study. *Int J Tuberc Lung Dis* 2006;10:613-9.

5. Abate G, Aseffa A, Selassie A, et al. Direct colorimetric assay for rapid detection of rifampin-resistant *Mycobacterium tuberculosis*. *J Clin Microbiol* 2004;42:871-3.

TO THE EDITOR: The MODS assay has certain limitations. Microscopical differentiation between microcolonies of *Mycobacterium tuberculosis* and those of rapidly growing mycobacteria may be difficult. The assay requires daily examination, is time-consuming, and as highlighted by Iseman and Heifets,¹ carries a risk of laboratory transmission. We therefore agree that the microscopic-observation method, although promising, will require modification and adaptation before it can be recommended for widespread use.

Rumina Hasan, M.B., B.S., Ph.D.

Seema Irfan, M.B., B.S.

Aga Khan University
Karachi 74800, Pakistan
rumina.hasan@aku.edu

1. Iseman MD, Heifets LB. Rapid detection of tuberculosis and drug-resistant tuberculosis. *N Engl J Med* 2006;355:1606-8.

THIS WEEK'S LETTERS

- 188 MODS Assay for the Diagnosis of TB
- 189 Refining Prognosis in Non–Small-Cell Lung Cancer
- 191 Survivors of Childhood Cancer
- 194 A Girl with Severe Obesity
- 196 Injuries after a Typhoon in China
- 197 Prisons and Mental Health

THE AUTHORS REPLY: Although there is merit in the alternative methods Palomino and colleagues mention, elements of which gave rise to the MODS assay, the culture time for the Löwenstein–Jensen–based nitrate reduction assay is three to four times that for the MODS assay, with lower sensitivity, and as with the direct colorimetric assay, data for smear-negative samples are lacking. Unlike MODS culture, both techniques involve the potentially hazardous opening of mature tuberculosis cultures to add a specific reagent. The thin-layer agar method is rapid, but its sensitivity is usually lower and its contamination rate higher than those of the Löwenstein–Jensen method, and no data on drug-susceptibility testing have been published.

In our opinion, MODS culture is actually safer than any indirect drug-susceptibility testing method, since culture amplification and direct drug-susceptibility testing occur within a closed system: the MODS plate is inoculated and then sealed within a ziplock bag. It is not manipulated again, since all readings, including those for drug-susceptibility testing, are done through the bag. The handling of cultured *M. tuberculosis* at bacterial concentrations thousands of times those of clinical specimens, which is required for secondary drug-susceptibility testing, dwarfs the biohazard risk associated with sputum-decontamination processes common to all culture methods. This handling risk is entirely avoided with the MODS assay.

Hasan and Irfan did not use ziplock bags, be-

cause this important detail was omitted from previous articles on the MODS assay.¹⁻³ We do not believe that a MODS laboratory needs to meet biosafety level 3 standards. Combining the use by laboratory staff of respirators approved by the National Institute for Occupational Safety and Health and appropriate protective clothing with a well-positioned, properly maintained class II biologic safety cabinet that recirculates exhausted air through a high-efficiency particulate air (HEPA) filter into a closed room, should be adequate. With respect to rapidly growing mycobacteria, these organisms should overgrow MODS plates by day 5, a phenomenon not seen with *M. tuberculosis*.

David A.J. Moore, M.D.

Imperial College Wellcome Centre for Clinical Tropical Medicine
London W12 0NN, United Kingdom
davidajmoore@msn.com

Robert H. Gilman, M.D.

Johns Hopkins Bloomberg School of Public Health
Baltimore, MD 21205

Jon S. Friedland, M.D., Ph.D.

Imperial College Wellcome Centre for Clinical Tropical Medicine
London W12 0NN, United Kingdom

1. Moore DA, Mendoza D, Gilman RH, et al. Microscopic observation drug susceptibility assay, a rapid, reliable diagnostic test for multidrug-resistant tuberculosis suitable for use in resource-poor settings. *J Clin Microbiol* 2004;42:4432-7.
2. Caviedes L, Lee TS, Gilman RH, et al. Rapid, efficient detection and drug susceptibility testing of *Mycobacterium tuberculosis* in sputum by microscopic observation of broth cultures. *J Clin Microbiol* 2000;38:1203-8.
3. MODS user guide. Lima, Peru: MODS Group of Peru, November 2006. (Accessed December 20, 2006, at <http://www.upch.edu.pe/facien/dbmbqf/mods/mods.htm>.)

Refining Prognosis in Non–Small-Cell Lung Cancer

TO THE EDITOR: Potti et al. (Aug. 10 issue)¹ apply a metagene model to the profiling of non–small-cell lung cancer (NSCLC) and demonstrate superior performance in predicting tumor recurrence and survival, as compared with a clinical model. We believe that the impressively contrasting results could be partially due to the incompleteness of the clinical model the authors used. Classifying NSCLC into squamous-cell carcinoma and adenocarcinoma has not been predictive for prognosis in general. However, subtypes of adenocarcinoma — bronchioloalveolar carcinoma and mixed adenocarcinoma with a bronchioloalveolar component, which account for approximately 20% of cases of early-stage NSCLC — have a much better prognosis than do other subtypes.² Potti et al. did not consider these adenocarcinoma subtypes.

In addition, the literature³ and our recent work demonstrate that the histologic grade is a significant predictor of both tumor recurrence and survival,⁴ and there is a high correlation between histologic features and gene-expression profiles.⁵ Our work also shows that incorporating the adenocarcinoma subtype and histologic grade into clinical models would provide a prediction very similar to that of a well-validated, 50-gene panel for survival.⁵

Zhifu Sun, M.D.

Ping Yang, M.D., Ph.D.

Mayo Clinic
Rochester, MN 55905
sun.zhifu@mayo.edu

1. Potti A, Mukherjee S, Petersen R, et al. A genomic strategy to refine prognosis in early-stage non–small-cell lung cancer. *N Engl J Med* 2006;355:570-80.